



Chef Chipper's Early Learners Lunch Program



PM Snack January 2024

Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk



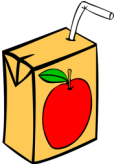
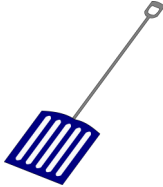






School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern Charts



This institution is an equal opportunity provider.

Approved by Barbara Myers, RD, LD/N

| Monday | Tuesday | Wednesday | Thursday | Fun Friday |
|--|--|---|---|---|
|  | 2 <u>Broccoli Florets w/ Ranch</u> <u>WG Crackers</u>  | 3 WG Corn Muffins Apple Slices or 100% Apple Juice | 4 Rice Cakes Yogurt | 5 <u>Mozzarella Cheese Sticks</u> <u>Mixed Fruit</u> |
| 8 <u>WG Animal Crackers</u> <u>100% Apple Juice</u>  | 9 <u>Baby Carrots</u> <u>Banana Bread</u> | 10 WG Sun Chips Apple Slices or 100% Apple Juice | 11 <u>WG Cheese Itz</u> <u>Raisins</u>  | 12 <u>WG Goldfish</u> <u>Mixed Fruit</u>  |
| 15 <u>WG Pretzels</u> <u>100% Apple Juice</u>  | 16 <u>Celery Sticks & Peanut Butter</u> <u>WG Butter Crackers</u> | 17 WG Graham Crackers Apple Slices Or 100% Apple Juice | 18 Rice Cakes Yogurt | 19 <u>Mozzarella Cheese Sticks</u> <u>Mixed Fruit</u> |
| 22 <u>WG Animal Crackers</u> <u>100% Apple Juice</u> | 23 <u>Baby Carrots</u> <u>WG Cheese Itz</u> | 24 WG Corn Muffins Apple Slices or 100% Apple Juice | 25 <u>WG Cheese Itz</u> <u>Raisins</u> | 26 <u>Popcorn</u> <u>Mixed Fruit</u> |
| 29 <u>WG Pretzels</u> <u>100% Apple Juice</u>  | 30 <u>Celery Sticks & Peanut Butter</u> <u>WG Butter Crackers</u> | 31 WG Graham Crackers Apple Slices Or 100% Apple Juice  |  |  |