



# Chef Chipper's Early Learners Lunch Program



This institution is an equal opportunity provider.  
Approved by Barbara Myers, RD, LD/N

## Breakfast November 2023

Serving sizes as follows:






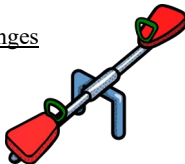





1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

\* Please See CACFP Meal Pattern Charts



Monday	Tuesday	Wednesday	Thursday	Fun Friday
		1 <u>Yogurt</u> <u>Mandarin Oranges</u>	2 <u>Bagels w/Cream Cheese</u> <u>Pears</u>	3 <u>WG Pancakes</u> <u>Mixed Fruit</u> 
6 <u>WG Raisin Bread</u> <u>Diced Peaches</u> <div>Menu Items Subject To Change Based On Availability  Meal Changes Shall Be Written On The Posted Menu</div>	7 <u>WG Cheerios</u> <u>Apple Sauce</u> 	8 <u>Yogurt</u> <u>Mandarin Oranges</u>	9 <u>WG Cinnamon Bun</u> <u>Pears</u> 	10 <u>WG French Toast</u> <u>Banana or</u> <u>Mixed Fruit</u>
13 <u>WG Blueberry Muffins</u> <u>Diced Peaches</u>	14 <u>WG Rice Puffs</u> <u>Apple Sauce</u>	15 <u>Yogurt</u> <u>Mandarin Oranges</u> 	16 <u>Bagels w/Cream Cheese</u> <u>Pears</u>	17 <u>WG Pancakes</u> <u>Mixed Fruit</u>
20 <u>WG Raisin Bread</u> <u>Diced Peaches</u> 	21 <u>WG Cheerios</u> <u>Apple Sauce</u>	22 <u>Yogurt</u> <u>Mandarin Oranges</u>	 	
27 <u>WG Blueberry Muffins</u> <u>Diced Peaches</u>	28 <u>WG Rice Puffs</u> <u>Apple Sauce</u> 	29 <u>Yogurt</u> <u>Mandarin Oranges</u>	30 <u>Bagels w/Cream Cheese</u> <u>Pears</u> <div>1% Milk Is Served At Breakfast Everyday Whole Milk Is Available For Students Age 1 &amp; 2</div>	



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## Lunch November 2023

Serving sizes as follows:














1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

\* Please See CACFP Meal Pattern Charts



Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <div> <p><u>1% Milk</u> Is Served At Lunch Everyday Whole Milk Is Available For Students Age 1 &amp; 2</p> </div> <p><u>Cheddar Omelets</u> <u>English Muffins</u> <u>Roasted Potatoes</u> <u>Banana</u></p>	<p>2</p> <p><u>Chicken Parm</u> <u>Diced Chicken - WG Pasta</u> <u>Shredded Mozzarella</u> <u>Sliced Cucumbers w/ Ranch Dip</u> <u>Oranges</u></p> 	<p>3</p> <p><u>Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u></p>
<p>6</p> <p><u>Baked Mozzarella Ravioli</u> <u>WG Pasta - 100% Cheddar</u> <u>Mozzarella - Ricotta</u> <u>Green Beans</u> <u>Apple Slices</u></p> 	<p>7</p> <p><u>Fish Filet</u> <u>WG Burger Roll</u> <u>Peas</u> <u>Mixed Fruit</u></p>	<p>8</p> <p><u>Maaxx Pizza Sticks</u> <u>Green Beans</u> <u>Bananas</u></p> 	<p>9</p> <p><u>Chicken Cordon Blue</u> <u>Chicken Breast—Turkey Ham</u> <u>Swiss Cheese Cream Sauce</u> <u>WG Pasta</u> <u>Corn</u> <u>Oranges</u></p> 	<p>10</p> <p><u>Chicken Nuggets</u> <u>WG Bread</u> <u>Tossed Salad</u> <u>Peaches</u></p>
<p>13</p> <p><u>Popcorn Chicken</u> <u>WG Bread</u> <u>Corn</u> <u>Apple Slicess</u></p>	<p>14</p> <p><u>Build Your Own Beef Tacos</u> <u>(Ground Beef)</u> <u>Sliced Peppers and Onions &amp; Tomatoes</u> <u>Flour Tortilla</u> <u>Mixed Fruit</u></p>	<p>15</p> <p><u>Chicken Cattcahtore</u> <u>Rice</u> <u>Peas</u> <u>Bananas</u></p> 	<p>16</p> <p><u>Three Cheese Baked Macaroni</u> <u>WG Pasta - 100% Cheddar</u> <u>Ricotta - Mozzarella Cheese</u> <u>Mixed Vegetables</u> <u>Oranges</u></p>	<p>17</p> <p><u>Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u></p> 
<p>20</p> <p><u>WG Calzones</u> <u>Apple Slices</u> <u>Green Beans</u></p> 	<p>21</p> <p><u>Diced Turkey Breast in Gravy</u> <u>Dinner Roll</u> <u>Corn</u> <u>Mixed Fruit</u></p>	<p>22</p> <p><u>Turkey &amp; Cheese Sandwich</u> <u>Mixed Veggie Sticks &amp; Ranch Dip</u> <u>Bananas</u></p>	<p>23</p> <p><u>Happy Thanksgiving!</u></p> 	<p>24</p> 
<p>27</p> <p><u>Baked Rigatoni</u> <u>WG Pasta - 100% Cheddar</u> <u>Mozzarella - Ricotta</u> <u>Green Beans</u> <u>Apple Slices</u></p>	<p>28</p> <p><u>Meatloaf</u> <u>WG Rolls</u> <u>Whipped Potatoes</u> <u>Mixed Fruit</u></p> <p>Menu Items Subject To Change</p> 	<p>29</p> <p><u>Chicken &amp; White Bean Chili</u> <u>Rice</u> <u>Corn</u> <u>Mixed Fruit</u></p> <p>Meal Changes Shall Be Written On The Posted Menu</p>	<p>30</p> <p><u>Meatball Sandwiches</u> <u>WG Hot Dog Roll</u> <u>Carrots</u> <u>Oranges</u></p>	



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## AM Snack November 2023

Serving sizes as follows:












1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

\* Please See CACFP Meal Pattern Charts



Monday	Tuesday	Wednesday	Thursday	Fun Friday
		1 <u>Yogurt</u>	2 <u>Bagels w/Cream Cheese</u>	3 <u>WG Pancakes</u> 
6 <u>WG Raisin Bread</u> <div>Menu Items Subject To Change Based On Availability  Meal Changes Shall Be Written On The Posted Menu</div>	7 <u>WG Cheerios</u> 	8 <u>Yogurt</u>	9 <u>WG Cinnamon Bun</u> 	10 <u>WG French Toast</u>
13 <u>WG Blueberry Muffins</u>	14 <u>WG Rice Puffs</u>	15 <u>Yogurt</u> 	16 <u>Bagels w/Cream Cheese</u>	17 <u>WG Pancakes</u>
20 <u>WG Raisin Bread</u> 	21 <u>WG Cheerios</u>	22 <u>Yogurt</u>	 	
27 <u>WG Blueberry Muffins</u>	28 <u>WG Rice Puffs</u> 	29 <u>Yogurt</u>	30 <u>Bagels w/Cream Cheese</u> <u>Pears</u> <div>1% Milk Is Served At Breakfast Everyday Whole Milk Is Available For Students Age 1 &amp; 2</div>	



# Chef Chipper's Early Learners Lunch Program



## PM Snack November 2023

Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk




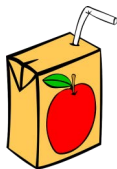







School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

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Monday		Tuesday	Wednesday		Thursday	Fun Friday
			1		2	3
			WG Graham Crackers Apple Slices Or 100% Apple Juice		 Rice Cakes Yogurt	<u>Mozzarella Cheese Sticks</u> <u>Mixed Fruit</u> 
6	7		8		9	10
<u>WG Animal Crackers</u> <u>100% Apple Juice</u> 	<u>Baby Carrots</u> <u>Banana Bread</u>		WG Sun Chips Apple Slices or 100% Apple Juice 		<u>WG Cheese Itz</u> <u>Raisins</u> 	<u>WG Goldfish</u> <u>Mixed Fruit</u>
13	14		15		16	17
<u>WG Pretzels</u> <u>100% Apple Juice</u>	<u>Celery Sticks &amp; Peanut Butter</u> <u>WG Butter Crackers</u> 		WG Graham Crackers Apple Slices Or 100% Apple Juice		Rice Cakes Yogurt	<u>Mozzarella Cheese Sticks</u> <u>Mixed Fruit</u> 
20	21		22			
<u>WG Animal Crackers</u> <u>100% Apple Juice</u> 	<u>Baby Carrots</u> <u>WG Cheese Itz</u>		WG Corn Muffins Apple Slices or 100% Apple Juice			
27	28		29		30	
<u>WG Pretzels</u> <u>100% Apple Juice</u>	<u>Celery Sticks &amp; Peanut Butter</u> <u>WG Butter Crackers</u>		WG Graham Crackers Apple Slices Or 100% Apple Juice		Rice Cakes Yogurt	





# Chef Chipper's Early Learners Lunch Program



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## Supper November 2023

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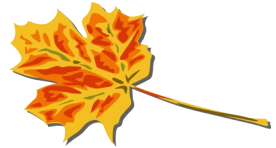








1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

\* Please See CACFP Meal Pattern Charts



Monday	Tuesday	Wednesday	Thursday	Fun Friday
		1	2	3
		<u>Double Stuffed Cheese Sand</u> <u>Salad Mix</u> <u>Pears</u>	 Cubed Cheddar Cheese WG Grain Crackers Baby Carrots <u>100% Fruit Juice</u>	<u>Baked Macaroni &amp; Cheese</u> <u>Diced Peaches</u> <u>Salad Mix</u>
6	7	8	9	10
<u>Turkey Ham on WG Bun</u> <u>Broccoli w/ Dip</u> <u>Apple Sauce or</u> <u>100% Juice</u> 	<u>Turkey &amp; Cheese Sandwich</u> <u>WG Bread</u> <u>Cauliflower Florets w/ Dip</u> <u>Mandarin Oranges</u>	<u>Double Stuffed Cheese Sand</u> <u>Salad Mix</u> <u>Pears</u> 	Cubed Cheddar Cheese WG Grain Crackers Baby Carrots <u>100% Fruit Juice</u> 	<u>Baked Macaroni &amp; Cheese</u> <u>Diced Peaches</u> <u>Salad Mix</u>
13	14	15	16	17
<u>Turkey on WG Bun</u> <u>Broccoli w/ Dip</u> <u>Apple Sauce or</u> <u>100% Juice</u>	<u>Yogurt</u> <u>WG Butter Crackers</u> <u>Sliced Cucumbers</u> <u>Mandarin Oranges</u> 	<u>Double Stuffed Cheese Sand</u> <u>Salad Mix</u> <u>Pears</u>	Cubed Cheddar Cheese WG Grain Crackers Baby Carrots <u>100% Fruit Juice</u> 	<u>Cottage Cheese</u> <u>WG Crackers</u> <u>Diced Peaches</u> <u>Salad Mix</u>
20	21	22		
<u>Turkey on WG Bun</u> <u>Broccoli w/ Dip</u> <u>Apple Sauce or</u> <u>100% Juice</u> 	<u>Turkey &amp; Cheese Sandwich</u> <u>WG Bread</u> <u>Cauliflower Florets</u> <u>Mandarin Oranges</u>	<u>Double Stuffed Cheese Sand</u> <u>Salad Mix</u> <u>Pears</u>		
27	28	29		
<u>Turkey on WG Bun</u> <u>Broccoli w/ Dip</u> <u>Apple Sauce or</u> <u>100% Juice</u>	<u>Turkey &amp; Cheese Sandwich</u> <u>WG Bread</u> <u>Cauliflower Florets w/ Dip</u> <u>Mandarin Oranges</u>	<u>Double Stuffed Cheese Sand</u> <u>Salad Mix</u> <u>Pears</u>	Cubed Cheddar Cheese WG Grain Crackers Baby Carrots <u>100% Fruit Juice</u>	<div><u>1% Milk</u> Is Served At Supper Everyday Whole Milk Is Available For Students Age 1 &amp; 2</div>