



# Chef Chipper's Early Learners Lunch Program



## Breakfast December 2023

Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

\* Please See CACFP Meal Pattern Charts



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Fun Friday**

Monday	Tuesday	Wednesday	Thursday	Fun Friday
			<div style="border: 1px solid red; padding: 5px; width: fit-content; margin: auto;"> <p><i>1% Milk</i> Is Served At Breakfast Everyday <small>Whole Milk Is Available For Students Age 1</small></p> </div>	<p>1</p> <p>WG Pancakes Mixed Fruit</p> 
4	5	6	7	8
<p>WG Raisin Bread Diced Peaches</p> <div style="border: 1px solid red; padding: 5px; width: fit-content; margin: auto;"> <p>Menu Items Subject To Change Based On Availability</p> <p>Meal Changes Shall Be Written On The Posted Menu</p> </div>	<p>WG Cheerios Apple Sauce</p> 	<p>Yogurt Mandarin Oranges</p>	<p>WG Cinnamon Bun Pears</p> 	<p>WG French Toast Banana or Mixed Fruit</p>
11	12	13	14	15
<p>WG Blueberry Muffin Diced Peaches</p> 	<p>WG Rice Puffs Apple Sauce</p>	<p>Yogurt Mandarin Oranges</p>	<p>Bagels w/Cream Cheese Pears</p>	<p>WG Pancakes Mixed Fruit</p>
18	19	20	21	22
<p>WG Raisin Bread Diced Peaches</p> 	<p>WG Cheerios Apple Sauce</p> 	<p>Yogurt Mandarin Oranges</p> 	<p>WG Cinnamon Bun Pears</p>	<p>WG French Toast Banana or Mixed Fruit</p> 
25	26	27	28	29
	<p>WG Rice Puffs Apple Sauce</p>	<p>Yogurt Mandarin Oranges</p>	<p>Bagels w/Cream Cheese Pears</p>	<p>WG Pancakes Mixed Fruit</p>



# Chef Chipper's Early Learners Lunch Program



## AM Snack December 2023

Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

\* Please See CACFP Meal Pattern Charts



Monday	Tuesday	Wednesday	Thursday	Fun Friday
			<div style="border: 1px solid red; padding: 5px; text-align: center;">1% Milk Is Served At AM Snack Everyday Whole Milk Is Available For Students Age 1</div>	<sup>1</sup> WG Pancakes
<sup>4</sup> WG Raisin Bread <div style="border: 1px solid red; padding: 5px; margin-top: 10px;">Menu Items Subject To Change Based On Availability  Meal Changes Shall Be Written On The Posted Menu</div>	<sup>5</sup> WG Cheerios 	<sup>6</sup> Yogurt	<sup>7</sup> WG Cinnamon Bun 	<sup>8</sup> WG French Toast
<sup>11</sup> WG Blueberry Muffin 	<sup>12</sup> WG Rice Puffs	<sup>13</sup> Yogurt	<sup>14</sup> Bagels w/Cream Cheese	<sup>15</sup> WG Pancakes
<sup>18</sup> WG Raisin Bread 	<sup>19</sup> WG Cheerios 	<sup>20</sup> Yogurt 	<sup>21</sup> WG Cinnamon Bun	<sup>22</sup> WG French Toast 
	<sup>26</sup> WG Rice Puffs	<sup>27</sup> Yogurt	<sup>28</sup> Bagels w/Cream Cheese	<sup>29</sup> WG Pancakes



# Chef Chipper's Early Learners Lunch Program



## Lunch December 2023



Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk













3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

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Approved by Barbara Myers, RD, LD/N

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Monday	Tuesday	Wednesday	Thursday	Friday
 4	<div style="border: 1px solid red; padding: 5px; text-align: center;">             1% Milk              Is Served At              Lunch Everyday              Whole Milk Is Available For              Students Age 1 &amp; 2           </div> 5	 6	 7	 8 Personal Pizza Tossed Salad Peaches
Popcorn Chicken WG Bred Green Beans Apple Slices 	Diced Turkey Breast in Gravy Dinner Roll Corn Mixed Fruit	Baked Ziti WG Pasta - 100% Cheddar Mozzarella - Ricotta Green Beans Bananas 	 Beef Sloppy Joes WG Burger Roll Corn Oranges	Chicken Nuggets WG Bread Tossed Salad Peaches
 11 WG Calzones Apple Slices Green Beans	12 Build Your Own Chicken Fajitas (Diced Chicken Breast) Sliced Peppers and Onions & Tomatoes Flour Tortilla Mixed Fruit	13 Beef & Bean Chili Rice Peas Bananas 	14 Chicken Parm Diced Chicken - WG Pasta Shredded Mozzarella Sliced Cucumbers w/ Ranch Dip Oranges	15 Turkey & Cheese Sandwich Tossed Salad Peaches
18 Three Cheese Baked Macaroni WG Pasta - 100% Cheddar Ricotta - Mozzarella Cheese Mixed Veggie Sticks & Ranch Dip	19 Fish Filet WG Burger Roll Peas Mixed Fruit 	20 Maaxx Pizza Sticks Green Beans Bananas	21 Pollock Nuggets WG Bread Carrots Oranges	22 Personal Pizza Tossed Salad Peaches
25 	26 WG Turkey Corn Dog Nuggets Mixed Veggie Sticks & Ranch Dip Mixed Fruit 	27 Swedish Meatballs WG Hot Dog Roll Corn Mixed Fruit <div style="border: 1px solid black; padding: 5px; text-align: center;">             Meal Changes Shall Be              Written On The Posted Menu           </div>	28 Turkey Ham WG Pullman Bread Whipped Potatoes Oranges <div style="border: 1px solid black; padding: 5px; text-align: center;">             Menu Items Subject To Change              Based On Availability           </div>	29 Chicken Nuggets WG Bread Tossed Salad Peaches



# Chef Chipper's Early Learners Lunch Program



## PM Snack December 2023

Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

\* Please See CACFP Meal Pattern Charts













**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Fun Friday**

Monday	Tuesday	Wednesday	Thursday	Fun Friday
				1 <u>Mozzarella Cheese Sticks</u> <u>Mixed Fruit</u>
4	5	6	7	8
<u>WG Animal Crackers</u> <u>100% Apple Juice</u> 	<u>Baby Carrots</u> <u>Banana Bread</u>	<u>WG Sun Chips</u> <u>Apple Slices or 100% Apple Juice</u> 	<u>WG Cheese Itz</u> <u>Raisins</u>	<u>WG Goldfish</u> <u>Mixed Fruit</u> 
11	12	13	14	15
<u>WG Pretzels</u> <u>100% Apple Juice</u> 	<u>Celery Sticks &amp; Peanut Butter</u> <u>WG Butter Crackers</u>	<u>WG Graham Crackers</u> <u>Apple Slices Or 100% Apple Juice</u>	 <u>Rice Cakes</u> <u>Yogurt</u>	<u>Mozzarella Cheese Sticks</u> <u>Mixed Fruit</u>
18	19	20	21	22
<u>WG Animal Crackers</u> <u>100% Apple Juice</u>	<u>Baby Carrots</u> <u>WG Cheese Itz</u>	<u>WG Corn Muffins</u> <u>Apple Slices or 100% Apple Juice</u>	<u>WG Cheese Itz</u> <u>Raisins</u>	<u>WG Goldfish</u> <u>Mixed Fruit</u>
	26	27	28	29
	<u>Celery Sticks &amp; Peanut Butter</u> <u>WG Butter Crackers</u>	<u>WG Graham Crackers</u> <u>Apple Slices Or 100% Apple Juice</u> 	<u>Rice Cakes</u> <u>Yogurt</u>	<u>Mozzarella Cheese Sticks</u> <u>Mixed Fruit</u> 



# Chef Chipper's Early Learners Lunch Program



## Supper December 2023

Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk










School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk



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Monday	Tuesday	Wednesday	Thursday	Fun Friday
		1		1
	<p><i>1% Milk</i> Is Served At Supper Everyday Whole Milk Is Available For Students Age 1 &amp; 2</p>			<p>Baked Macaroni &amp; Cheese Diced Peaches Salad Mix</p>
4	5	6	7	8
<p>Turkey Ham on WG Bun Broccoli w/ Dip Apple Sauce or 100% Juice</p> 	<p>Turkey &amp; Cheese Sandwich WG Bread Cauliflower Florets w/ Dip Mandarin Oranges</p>	<p>Double Stuffed Cheese Sand Salad Mix Pears</p> 	<p>Cubed Cheddar Cheese WG Grain Crackers Baby Carrots 100% Fruit Juice</p>	<p>Baked Macaroni &amp; Cheese Diced Peaches Salad Mix</p>
11	12	13	14	15
<p>Turkey on WG Bun Broccoli w/ Dip Apple Sauce or 100% Juice</p>	<p>Yogurt WG Butter Crackers Sliced Cucumbers Mandarin Oranges</p> 	<p>Double Stuffed Cheese Sand Salad Mix Pears</p>	<p>Cubed Cheddar Cheese WG Grain Crackers Baby Carrots 100% Fruit Juice</p> 	<p>Cottage Cheese WG Crackers Diced Peaches Salad Mix</p> 
18	19	20	21	22
<p>Turkey on WG Bun Broccoli w/ Dip Apple Sauce or 100% Juice</p> 	<p>Turkey &amp; Cheese Sandwich WG Bread Cauliflower Florets Mandarin Oranges</p>	<p>Double Stuffed Cheese Sand Salad Mix Pears</p>	<p>Cubed Cheddar Cheese WG Grain Crackers Baby Carrots 100% Fruit Juice</p>	<p>Yogurt WG Butter Crackers Diced Peaches Salad Mix</p>
	26	27	28	29
	<p>Turkey &amp; Cheese Sandwich WG Bread Cauliflower Florets w/ Dip Mandarin Oranges</p>	<p>Double Stuffed Cheese Sand Salad Mix Pears</p>	<p>Cubed Cheddar Cheese WG Grain Crackers Baby Carrots 100% Fruit Juice</p>	<p>Baked Macaroni &amp; Cheese Diced Peaches Salad Mix</p>



# Chef Chipper's Early Learners Lunch Program



## Veggie Lunch December 2023

Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk













School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk



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Monday	Tuesday	Wednesday	Thursday	Friday
	<div style="border: 1px solid red; padding: 5px; text-align: center;"> <p>1% Milk Is Served At Lunch Everyday Whole Milk Is Available For Students Age 1 &amp; 2</p> </div>			
4	5	6	7	8
<u>Veggie Nuggets</u> <u>WG Bred</u> <u>Green Beans</u> <u>Apple Slices</u> 	<u>Macaroni &amp; Cheese</u> <u>Dinner Roll</u> <u>Corn</u> <u>Mixed Fruit</u>	<u>Baked Ziti</u> WG Pasta - 100% Cheddar Mozzarella - Ricotta <u>Green Beans</u> <u>Bananas</u> 	<u>Veggie Burgers</u> <u>WG Burger Roll</u> <u>Corn</u> <u>Oranges</u> 	<u>Veggie Nuggets</u> <u>WG Bred</u> <u>Tossed Salad</u> <u>Peaches</u>
11	12	13	14	15
 <u>WG Calzones</u> <u>Apple Slices</u> <u>Green Beans</u>	<u>Cheese Quesadillas</u> Sliced Peppers and Onions & Tomatoes <u>Flour Tortilla</u> <u>Mixed Fruit</u>	<u>Veggie Nuggets</u> <u>Rice</u> <u>Peas</u> <u>Bananas</u> 	<u>Baked Ziti</u> <u>Sliced Cucumbers w/ Ranch Dip</u> <u>Oranges</u>	<u>Grilled Cheese</u> <u>Tossed Salad</u> <u>Peaches</u>
18	19	20	21	22
<u>Macaroni &amp; Cheese</u> <u>Mixed Veggie Sticks &amp; Ranch Dip</u> <u>Apple Slices</u>	<u>Grilled Cheese</u> <u>Peas</u> <u>Mixed Fruit</u> 	<u>Maaxx Pizza Sticks</u> <u>Green Beans</u> <u>Bananas</u>	<u>Pollock Nuggets</u> <u>WG Bred</u> <u>Carrots</u> <u>Oranges</u>	<u>Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u>
25	26	27	28	29
	<u>Veggie Nuggets</u> <u>Mixed Veggie Sticks &amp; Ranch Dip</u> <u>Mixed Fruit</u> 	<u>Veggie Burgers</u> <u>WG Roll</u> <u>Corn</u> <u>Mixed Fruit</u> <div style="border: 1px solid blue; padding: 5px; text-align: center; margin-top: 10px;"> <p>Meal Changes Shall Be Written On The Posted Menu</p> </div>	<u>Macaroni &amp; Cheese</u> <u>WG Pullman Bread</u> <u>Whipped Potatoes</u> <u>Oranges</u> <div style="border: 1px solid blue; padding: 5px; text-align: center; margin-top: 10px;"> <p>Menu Items Subject To Change Based On Availability</p> </div>	<u>Veggie Nuggets</u> <u>WG Bred</u> <u>Tossed Salad</u> <u>Peaches</u>